

# Fairy Houses

*Imagination is a big part of the can-do spirit!*

## Chalice Lighting

We light this chalice for the warmth of love, the light of truth and the energy of action. May curiosity and imagination guide us on our way!



## Story: Fairy Houses by Tracy Kane

Read this picture book or watch the video (<https://www.youtube.com/watch?v=KGh9WzM-J24>)

## Mindfulness: Fairy Visualization

*Use markers or crayons and paper to draw during this creative visualization:*

Move into a comfortable position. Get ready to draw what you are imagining. Take three deep breaths. Now, imagine you turn into a fairy.

You feel the grass tickling your feet. You feel the rain as it patters on your head. You feel the warmth of the sun. You are very small.

You have just moved into a new land. You need to find a place to rest, a home that is your own. You look high and low.

You see the roots of a tree. They would make a nice home. You go closer and see that someone has made a little house. There is a roof, and a door. There are things inside. Take a look. See what is inside.

You are so excited because this means you are welcome and safe. Look around some more and see what else is a part of this house.

When you are ready, complete your drawing and return to the present. Look at what you imagined.

## Activity: Make a Fairy House

Go outside and find a spot to build your fairy house, such as at the base of a tree between roots or at the edge of a creek. Then find natural ingredients to use to build it.

For tips, see **Ranger Rick**: <https://rangerrick.org/nature/build-a-fairy-house/>

Fairy houses are natural and will return to the earth in a little while, so be prepared that it may not be where you leave it when you return. That's part of the cycle of Fairy Houses.

## Closing Words

May we use our imagination to create delight for fairies and for all alive who live in nests, holes and hives. Amen. Blessed Be.